

Community Programs



FALL 2019



— 35th annual —

Central Coast Writers Conference

— September 26-28, 2019 —

COMMUNITY EDUCATION // INSTITUTE FOR PROFESSIONAL DEVELOPMENT
ONLINE CLASSES // PUBLIC EVENTS // RECREATION AND FITNESS // AQUATICS

Register and find additional information at cuesta.edu/communityprograms



Welcome to Community Programs!

Would you like to live healthier? Travel the world for free? Establish financial independence? Design your very own video game? Learn a new trick or two in Photoshop or to play a new instrument? Now is the time to invest in YOU! Whether you are looking to enrich your personal or professional life, Community Programs is here to help you achieve your goals. Our offerings are short term, not-for-credit, and are designed to fit into your busy schedules. We are a self-supporting branch of the college and are not funded by taxpayer dollars. Browse this brochure and we are certain you will find an offering that will inspire you to invest in yourself and your future.

We hope to see you on campus this fall,
The Community Programs Team



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Featured Instructor: Michele Auriemma

Michele (“mee-keh-leh” “mee-kay-lay”) or “Michael” is an Italian man who has traveled the world, is keen on food & wine, has learned from many different cultures, and now has settled in California. He holds a master’s degree in Chemistry, is a Certified Life Coach and has graduated in the Culinary Arts. An enthusiastic, skilled Italian cook, he is an expert in the Mediterranean Diet, a proven healthy, tasty and above all enjoyable lifestyle. He is committed to achieving the “Zero food waste” goal. He believes that what we eat, drink, and do is key for us in living a better and longer life. Michele likes to say that “hands-on-cooking is one of the best forms of therapy.”



See **page 5** for Michele’s *Mediterranean Cooking* classes.

Arts & Crafts

Oil & Acrylic Painting

\$225 // 15 Mon // Aug 19–Dec 9, 1–4pm
AC0701.319 // SLO-RM 4720 // K Doe

Watercolor Workshop for Beginners

\$72 (includes materials)
1 Tue // Sep 24, 12:30–4:30pm
AC0702.319 // SLO-RM 4720
G Rappaport-Weiland

Exploring Versatility:

Watercolor/Mixed Media

\$92 (includes some materials)
1 Sat // Sep 28, 10am–3pm
AC0703.319 // SLO-RM 4720
G Rappaport-Weiland

Life Design Through Art

\$115 (includes materials)
1 Sat // Oct 5, 10:30am–Noon
AC0704.319 // SLO-RM 4720 // S Piper

Beginning Drawing 1: Fundamentals

\$125 // 6 Fri // Oct 11–Nov 15, 9:30am–12:30pm
AC0705.319 // SLO-RM 4750 // L Le Brane

Mosaic Stepping Stone

\$20 + materials // 1 Thu // Oct 17, 6–8:30pm
AC0706.319 // SLO-RM 4720 // J Martin Fee

Experiments in Etching

\$80 + materials // 4 Fri // Oct 18–Nov 8, 1–5pm
AC0707.319 // SLO-RM 7106 // M Harvey

Woodworking Tuesdays

\$199 + materials // 5 Tue // Oct 22–Nov 19
AC0708.319 // 9:30am–12:30pm
AC0709.319 // 5:30–8:30pm
SLO-75 Acres // H Zanoli

Woodworking Wednesdays

\$199 + materials // 5 Wed // Oct 23–Nov 20
AC0710.319 // 5:30–8:30pm
SLO-75 Acres // H Zanoli

Hand Lettering Affirmations

\$39 (includes materials)
1 Wed // Oct 23, 6–9pm
AC0711.319 // SLO-RM 4720 // S Hawkins

Woodworking Thursdays

\$199 + materials // 5 Thu // Oct 24–Nov 21
AC0712.319 // 9:30am–12:30pm
SLO-75 Acres // H Zanoli



Screenprinting Holiday Cards

\$50 (includes materials)
1 Sat // Nov 2, 12:30–4:30pm
AC0714.319 // SLO-RM 7106 // M Harvey

Greeting Cards & Gift Tags

\$69 (includes materials)
1 Tue, Nov 5, 12:30–4pm
AC0715.319 // SLO-RM 4720
G Rappaport-Weiland

Resin Necklaces

\$15 + materials // 1 Wed // Nov 13, 6–8pm
AC0716.319 // SLO-RM 4720 // J Martin Fee

Cartooning with Raytoons Cartoonist

\$80 + materials // 1 Sat // Nov 30, 10am–3pm
AC0717.319 // SLO-RM 4750 // R Mullikin

Round Succulent Wreath

\$15 + materials // 1 Thu // Dec 5, 6–8pm
AC0718.319 // SLO-RM 4720 // J Martin Fee

Gingerbread House Making & Decorating

\$40 + materials // 1 Sat // Dec 7, 9am–Noon
AC0719.319 // SLO-RM 4720 // J Davis

Business & Finance

Skyrocket Your Brand

Digital Marketing SLO

\$50 // 2 Wed // Sep 4 & 11, 6–8pm
BF0701.319 // SLO-RM 4760 // P Ross

Skyrocket Your Brand

Digital Marketing NCC

\$50 // 2 Tue // Sep 10 & 17, 6–8pm
BF0702.319 // NCC-RM N2409 // P Ross

Travel the World for Free... Well Almost!

\$20 singles or \$30 couples fee
1 Tue // Sep 17, 6–8pm
Call 805-546-3132 for discounted couples fee
BF0703.319 // SLO-RM 4730 // J Beck

Grant Writing Made Easy

\$50 // 2 Sat // Oct 5–12, 9–11:30am
BF0704.319 // SLO-RM 4730 // L Bowman

Modern Retirement Planning SLO

\$59 // 2 Sat // Oct 5–12, 10am–1pm
BF0705.319 // SLO-RM 4750 // C James

Nonprofit Fundraising

\$50 // Tue & Thu // Oct 8–10, 6–9pm
BF0706.319 // SLO-RM 4730 // T Bayus

Modern Retirement Planning AGHS

\$59 // 2 Thu // Oct 10–17, 6–9pm
BF0707.319 // AGHS-RM 902 // C James

Become a Professional Organizer

\$49 + materials // 1 Mon // Oct 14, 6:30–9:30pm
BF0708.319 // SLO-RM 4760 // N Miller

Podcasting for Profit

\$49 + materials // 1 Mon // Oct 14, 6:30–9:30pm
BF0709.319 // SLO-RM 4730 // M Rounds

Cash in on the Short-Term Rental Craze

\$39 // 1 Thu // Oct 17, 6–9pm
BF0710.319 // SLO-RM 4730 // J Robinson

California Notary

Public Workshop & Exam

\$70 + materials & exam fee
1 Fri // Oct 18, 7:30am–4pm
BF0711.319 // SLO-RM 4760
Masters Notary Academy

Modern Retirement Planning NCC

\$59 // 2 Sat // Oct 19–26, 10am–1pm
BF0712.319 // NCC-RM N2409 // C James

Planning for Financial Independence

\$39 // 2 Tue // Oct 22–29, 6:30–8:30pm
BF0713.319 // SLO-RM 3312 // E Maldonado

Save Money with Extreme Couponing!

\$25 + materials // 1 Tue // Nov 12, 10–11am
BF0714.319 // SLO-RM 4750 // L Krusemark

Monetize Websites, Blogs, Social Media

\$25 + materials // 1 Tue // Nov 12, 11am–Noon
BF0715.319 // SLO-RM 4750 // L Krusemark

Earn Extra Money with a Mystery Shopping Business

\$25 + materials // 1 Tue // Nov 12, 12–1pm
BF0716.319 // SLO-RM 4750 // L Krusemark

Explore 250 Legitimate Home-Based Business Ideas

\$45 + materials // 1 Tue // Nov 12, 1–3pm
BF0717.319 // SLO-RM 4750 // L Krusemark

Make Money with a Virtual Assistant/Word Processing Business

\$25 + materials // 1 Tue // Nov 12, 3–4pm
BF0718.319 // SLO-RM 4750 // L Krusemark

Nonprofit Fundraising

\$50 // Tue & Thu // Dec 3–5, 6–9pm
BF0719.319 // SLO-RM 4730 // T Bayus

Career Training



Veterinary Assistant Information Session

Free // 1 Sat // Sep 14, 10–11am
SLO-RM 4750 // B Mundy

Register online to reserve a seat

AHA Advanced Cardiac Life Support

\$275 // Tue & Thu // 8:30am–5pm
CT0702.319 // Sep 24–26
CT0712.319 // Nov 12–14
SLO-RM 2503

AHA Advanced Cardiac Life Support—Update

\$95 // 1 Sat // 9am–1pm
CT0701.319 // Sep 14
CT0709.319 // Nov 2
SLO-RM 2503

Art of Staying Employed

\$39 // 1 Sat // Sep 28, 9am–Noon
CT0703.319 // SLO-RM 4730 // V Lee

The Future of Work

\$39 // 1 Sat // Sep 28, 1–4pm
CT0704.319 // SLO-RM 4730 // V Lee

Pharmacy Tech Free Information Session

Free // 1 Sat // Sep 28, 10–11am
CT0714.319 // SLO-RM 4760

Register online to reserve a seat

Pharmacy Technician

\$2,199
20 Sat // October 12–Mar 28, 8am–3:30pm
SLO-RM 4760 // G Ramirez

Veterinary Assistant

\$699 // 5 Sat // Oct 12–Nov 9, 9am–4:30pm
SLO-RM 4750 // B Mundy

AHA Pediatric Advanced Life Support

\$275 // Tue & Thu // 8:30am–5pm
CT0706.319 // Oct 15–17
CT0713.319 // Nov 19–21
SLO-RM 2503

AHA Pediatric Advanced Life Support—Update

\$95 // 1 Sat // 9am–1pm
CT0705.319 // Oct 5
CT0711.319 // Nov 9
SLO-RM 2503

Prehospital Trauma Life Support

\$275 // Tue & Thu // Oct 29–31, 8:30am–5pm
CT0708.319 // SLO-RM 2503

Prehospital Trauma Life Support—Refresher

\$175 // 1 Sat // Oct 19, 8:30am–5pm
CT0707.319 // SLO-RM 2503

Advanced Medical Life Support

\$275 // Tue & Thu // Nov 5–7, 8:30am–5pm
CT0710.319 // SLO-RM 2503

Computers & Technology

Internet Video Game Design NCC

\$80 + materials // 1 Sat // Nov 16, 10am–3pm
CS0701.319 // NCC-RM N2411 // R Mullikin

Intro to App Creation:

Computer/Tablet/Cell Phone

\$80 + materials // 1 Sat // Dec 7, 10am–3pm
CS0702.319 // SLO-RM 4740 // R Mullikin

Video Game Coding—Arcade Sidescrollers

\$80 + materials // 1 Sat // Dec 14, 10am–3pm
CS0703.319 // SLO-RM 4740 // R Mullikin

Cooking & Nutrition

Featured Instructor:

Mediterranean Diet

\$175 + materials
5 Wed // Sep 18–Oct 16, 2–5pm
CN0701.319
SLO Botanical Garden Education Center
M Auriemma

Pizza

\$45 + materials // 1 Fri // Sep 20, 11am–5pm
CN0702.319
SLO Botanical Garden Education Center
M Auriemma

Importance of Wine in the Mediterranean Diet

\$45 + materials // 1 Thu // Sep 26, 1–4pm
CN0703.319
SLO Botanical Garden Education Center
M Auriemma



Pasta Mediterranean Style

\$85 + materials // 3 Wed // Oct 23–Nov 6, 2–5pm
CN0704.319
SLO Botanical Garden Education Center
M Auriemma

Vegetables

\$70 + materials // 1 Mon // Oct 28, 11am–5pm
CN0705.319
SLO Botanical Garden Education Center
M Auriemma

Language & Culture

Learn Spanish Fast: Beginning Multilevel

\$140 // 7 Tue // Aug 20–Oct 1, 5:30–7:30pm
LA0701.319 // SLO-RM 4760 // L Ward

Learn Spanish Fast: Beginning I

\$140 // 7 Thu // Aug 22–Oct 3, 5:30–7:30pm
LA0702.319 // SLO-RM 4760 // L Ward

Learn Spanish Fast: Beginning II

\$140 // 7 Thu // Oct 10–Nov 21, 5:30–7:30pm
LA0707.319 // SLO-RM 4760 // L Ward

Learn Spanish Fast: Intermediate I

\$140 // 7 Tue // Oct 8–Nov 19, 5:30–7:30pm
LA0706.319 // SLO-RM 4760 // L Ward

Let's Speak Spanish NCC

\$135 // 10 Thu // Sep 12–Nov 14, 6–7:30pm
LA0703.319 // NCC-RM N2439 // J Carro

Friendly Italian NCC

\$135 // 10 Thu // Sep 12–Nov 14, 7:30–9pm
LA0704.319 // NCC-RM N2439 // J Carro

Introduction to Japanese Language and Culture

\$185 // 9 Wed // Sep 25–Nov 20, 6–8pm
LA0705.319 // AGHS-917 // D Belardino

French for Travelers

\$155 // Tue & Thu // Oct 22–Nov 21, 5:15–6:45pm
LA0708.319 // SLO-RM 4730 // S Lloyd

The Power of Language

\$15 // 1 Wed // Nov 6, 6–8pm
LA0709.319 // SLO-RM 4730 // C Coffey

Music, Drama, & Performance

Instant Piano, Online

\$59 // any time, self-paced
Call 805-546-3132, or register online
MU0702.319 // C Coffman

Royal Garden Swing Orchestra

\$30 // Sat // Jun 15–Dec 14, 11am–1pm
MU0703.319 // SLO-RM 7160 // W Balfour

SLO Wind Orchestra

\$50 // 17 mtgs // Aug 15–Dec 10, 7–10pm
MU0704.319 // SLO-RM 7160 // J Martin



SLO County Trumpet Alliance

\$35 // Sun // Aug 18–Dec 15, 11am–2pm
MU0705.319 // SLO-RM 7160 // W Balfour

Cabaret Singing & Performance

\$195 // 10 Wed // Aug 28–Oct 30, 6:30–9:30pm
MU0706.319 // SLO-RM 7104 // G Crowl

Cuesta Concord Chorus (North County Chorus)

\$98 // 18 mtgs // Sep 3–Dec 3, 7–9:30pm
MU0716.319 // NCC-RM N3102 // C Tarantino

Beginning Steel Band

\$180 + materials
12 Mon // Sep 9–Dec 9, 7–9pm
MU0707.319 // SLO-RM 4710 // P Dee

Intermediate Steel Band

\$180 + materials
12 Thu // Sep 12–Dec 12, 7–9pm
MU0708.319 // SLO-RM 4710 // P Dee

SLO Horn Club

\$50 // Sun // Sep 22–TBD, 2–4:30pm
MU0709.319 // SLO-RM 7104 // M Burrell

The Art of Songwriting

\$39 + materials // 3 Mon // Oct 7–21, 6–8pm
MU0710.319 // SLO-RM 7120 // B Schwartz

Musical Theater Vocal Workshop

\$200 // 10 Tue // Oct 8–Dec 17
MU0711.319 // SLO-RM 7104 // C Ruyle

Ukulele 101

\$49 + materials // 4 Tue // Oct 8–29, 6:30–8pm
MU0712.319 // SLO-RM 4750 // B Schwartz

Beginning Folk Harmonica

\$50 + materials // 1 Thu // Oct 24, 6–7:30pm
MU0713.319 // SLO-RM 4750 // D Broida

Beginning Blues Harmonica

\$50 + materials // 1 Thu // Oct 24, 7:45–9:15pm
MU0714.319 // SLO-RM 4750 // D Broida



The Singer's Toolbox:

Vocal Technique & Theory

\$95 // 7 Wed // Nov 6–Dec 18, 6:30–9:30pm
MU0715.319 // SLO-RM 7104 // G Crowl

Introduction to Playing the Harp: Series

\$144 + materials // 12 Wed
Sep 4–Nov 20, 7–8:30pm // MU07HS.319

OR enroll for any Individual workshop

Harp I

\$60 // 4 Wed // Sep 4–Sep 25 // MU07H1.319

Harp II

\$60 // 4 Wed // Oct 2–23 // MU07H2.319

Harp III

\$60 // 4 Wed // Oct 30–Nov 20 // MU07H3.319
SLO-RM 7120 // J Sayre

Outdoors, Nature, & Science

California Naturalist Program

\$395 // 8 Fri // Sep 13–Nov 1, 9am–3pm
OD0701.319 // SLO-RM 4730 // M Roest

Condor Country

\$75 // 1 Sat // Oct 26, 8am–6pm
OD0702.319 // SLO-RM 4730 // S Schubert

Personal Development & Wellness

American Red Cross On Demand

\$60 // Adult & Pediatric First Aid/CPR/AED

\$40 // Adult CPR/AED—On Demand

\$40 // First Aid

Flexible Schedule

Online course plus in person skills assessment

On the SLO Campus // S Hawkins

Diabetes Empowerment Education Program (DEEP)

\$5 // 6 Wed // SLO & North County Campuses
Sep 4–Oct 9, 10am–Noon // SLO-RM 4730
Sep 4–Oct 9, 1:30–3:30pm // SLO-RM 4730
Oct 16–Nov 20, 10am–Noon // NCC-RM N2406
Oct 16–Nov 20, 1:30–3:30pm // NCC-RM N2406
Dignity Health



Teen YOUiversity: Mindfulness-Based Stress Reduction

\$80 // 14 Tue // Aug 27–Dec 3, 5:30–6:30pm
PD0701.319 // AGHS-RM 916 // D DiGioia

Self-Hypnosis—Learn to Master Your Mind

\$30 // 1 Wed // Sep 4, 6–8pm
PD0702.319 // SLO-RM 4730 // A Kuhns

Finding the Creative Window

\$49 // 1 Sat // Sep 14, 9am–Noon
PD0704.319 // SLO-RM 4730 // M Wycoff

Introduction to Numerology

\$27 // 1 Sat // Sep 21, 10:30am–Noon
PD0703.319 // SLO-RM 4730 // T Gunberg

Introduction to Transformation

\$25 // 1 Sat // Sep 21, 12:30–3:30pm
PD0705.319 // SLO-RM 4730 // R Cherry

Adaptive Surf Instructor + Red Cross Cert

\$128 // Tue & Thu // Oct 1–17, 6–9pm
PD0706.319 // SLO-RM 3313 // D Cummings

Weight Management Hypnosis Workshop

\$30 // 1 Wed // Oct 16, 6–8pm
PD0707.319 // SLO-RM 4730 // A Kuhns

Thriving with A Chronic Condition

\$15 // 1 Sat // Oct 19, 1–3pm
PD0708.319 // SLO-RM 4730 // R Cherry

Beginners Guide to the Metaphysical

\$32 // 1 Sat // Oct 26, 10:30am–12:30pm
PD0709.319 // SLO-RM 4730 // T Gunberg

Release Stress & Anxiety

\$30 // 1 Wed // Nov 13, 6–8pm
PD0710.319 // SLO-RM 4730 // A Kuhns

Using Numerology to Create a Fitness Plan

\$27 // 1 Sat // Nov 16, 10:30am–Noon
PD0711.319 // SLO-RM 4730 // T Gunberg

Manage your Pain & Illness with Self-Hypnosis

\$30 // 1 Wed // Dec 4, 6–8pm
PD0712.319 // SLO-RM 4730 // A Kuhns

Exploring Grounding, Healing & Intuitive Energy

\$27 // 1 Sat // Dec 14, 9:30am–1:30pm
PD0713.319 // SLO-RM 4730 // T Gunberg

Nourish the Brain: Level 1

\$150 // 6 Thu // Sep 12–Oct 17, 6–8pm
PD0714.319 // SLO-RM 3311 // G Bertran-Lant

The Power & Purpose of Parent Coaching —Birth to Age 5

\$75 // 3 Thu // Sep 12–26, 4–7pm
PD0715.319 // SLO-RM 4730 // M Gordon-Johnson

How to Get What You Want

\$30 // 2 Tue // Oct 15–22, 6–9pm
PD0726.319 // SLO-RM 4720 // V Petrova

Photography

Beginning Photoshop

\$75 // 5 Mon // Sep 16–Oct 14, 6–8pm
PH0701.319 // SLO-RM 4740 // M Dorin

Hands on Digital Photography for Beginners

\$90 // 6 Wed // Sep 18–Oct 23, 6–8pm
PH0702.319 // SLO-RM 4760 // C Dinunzio

Color, Composition & Creativity

\$75 // 5 Mon + 1 field session
Sep 30–Oct 28, 6–8pm
PH0703.319 // SLO-RM 4750 // K Drager

Intermediate Photoshop

\$75 // 6 Mon // Oct 21–Nov 25, 6–8pm
PH0704.319 // SLO-RM 4740 // M Dorin

Manual Digital Photography

\$60 // 4 Wed // Oct 30–Nov 20, 6–8pm
PH0705.319 // SLO-RM 4760 // C Dinunzio

Writing & Publishing

Intro to Screenwriting for TV & Movies

\$25 + materials // 1 Tue // Nov 12, 4–5pm
WR0701.319 // SLO-RM 4750 // L Krusemark

Meet the Agent/Publisher

\$25 + materials // 1 Tue // Nov 12, 5–6pm
WR0702.319 // SLO-RM 4750 // L Krusemark

Writing for Blogs, Magazines & Websites

\$25 + materials // 1 Tue // Nov 12, 6–7pm
WR0703.319 // SLO-RM 4750 // L Krusemark

Beginners Guide to Getting Published

\$45 + materials // 1 Tue // Nov 12, 7–9pm
WR0704.319 // SLO-RM 4750 // L Krusemark

Explore 50 Different Self-Publishing Options

\$25 + materials // 1 Tue // Nov 12, 9–10pm
WR0705.319 // SLO-RM 4750 // L Krusemark

Creative Story Writing Games & Activities

\$80 + materials // 1 Sat // Nov 23, 10am–3pm
WR0706.319 // SLO-RM 4730 // R Mullikin

Outdoor Recreation

Introduction to Polo

\$445 // 7 Wed // Aug 28–Nov 20, 4–6pm
P00701.319

Central Coast Polo Club:

2320 Clark Valley Road, Los Osos, CA

Sailing

\$375 // 2 Sat/Sun // 9am–1pm
SA0701.319 // Sep 14, 15, 21, 22
SA0703.319 // Nov 9, 10, 16, 17
Pier I: 443 Front Street, Avila Beach // E Duffy

Basketball

Open Gym Basketball

\$25 season pass, or \$3 drop-in
12 Tue/Thu // Aug 13–Sep 19, 3:45–5:15pm
BK0701.319
SLO-RM 1400 (Stork Gym) // C Blair

Optimum Basketball: Elite Clinic

\$25 // 1 Tue // Sep 10, 6–8pm
BK0702.319 // SLO-RM 1400 (Stork Gym) // A Raj

Fitness

Muscle Conditioning

\$170 // Mon/Wed // Aug 12–Dec 11, 3:15–4:15pm
FT0701.319 // SLO-RM 1200 & 1105
A Goughnour

Gnarly Gnarwhals Splash & Dash

\$40 // 1 Sun // Oct 20, 9am–Noon
CPSWM3.319 // Competition Pool
S Hawkins/K Peters

Martial Arts/Self-Defense

HEMA German Longsword I

\$240 // 16 Tue // Aug 20–Dec 3, 3:30–4:20pm
MA0701.319 // SLO-RM 1105 // A Toberer

HEMA German Longsword II

\$240 // 16 Tue // Aug 20–Dec 3, 7–8pm
MA0702.319 // SLO-RM 1105 // A Toberer

HEMA Singlestick

\$240 // 16 Wed // Aug 21–Dec 4, 7–8pm
MA0703.319 // SLO-RM 1105 // A Toberer

Krav Maga Self Defense Workshop

\$20 // 1 Sat // Noon–2pm
MA0704.319 // Sep 14
MA0705.319 // Nov 9
SLO-RM 1105 // N Zimmerman

Aquatics

Lap Swim

\$150 season pass, \$36 for 10-admit booklet,
or \$4 daily drop-in
Aug 12–Dec 13

Morning

MWF // 5:30–11:00am
TuTh // 7:00–11:00am

Evening

MW // 4:30–7:30pm
TuThF // 4:30–6:30pm

Lap Swim will be unavailable on the following dates and times:

9/2—all day	9/12—4:30–6:30pm
9/13—all day	9/19—4:30–6:30pm
9/20—4:30–6:30pm	9/26—4:30–6:30pm
9/27—all day	10/3—4:30–6:30pm
10/4—all day	10/7—all day
10/8—all day	10/11—all day
10/17—4:30–6:30pm	10/18—all day
10/25—4:30–6:30pm	11/11—all day
11/28—all day	11/29—all day

Family S.P.L.A.S.H.

\$5/person or \$20 for 5 admits // Therapy Pool
Fri // Aug 16–Dec 13 (see website for exact dates)
4:30–6:30pm

Gnarly Gnarwhals Swim Team

\$250 // Mon/Wed // Aug 19–Dec 11, 6:00–7:00pm
CPSWIM.319 // Competition Pool // L Barnard

Masters Water Polo

\$5 Drop-In, \$20 5-Admit Book, \$100 Season Pass
Mon/Wed // Aug 12–Dec 11, 6–7:30pm
Competition Pool // R Fraser

Masters Swimming

\$200, \$7 Daily Drop-In
Mon/Wed // Aug 12–Dec 11, 6–7:30pm
Competition Pool // K Peters

Gnarly Gnarwhals Splash & Dash

\$40 // 1 Sun // Oct 20, 9am–Noon // CPSWM3.319
Competition Pool // S Hawkins/K Peters

Swim Lessons

\$110 private, \$90 semi-private, \$40 group lesson
4:30–5:10pm, 5:10–5:50pm, or 5:50–6:30pm
Dates coming soon



Aqua Fitness

Monday/Wednesday Mornings

M/W // Aug 12–Dec 11 (No Class 9/2, 11/11)
\$170 // Therapy Pool // P Holley
Aqua Fit // AF0700.319 // 7:00am
Aqua Kinetics // AF0800.319 // 8:00am
Aqua Core // AF0900.319 // 9:00am
Aqua Fusion // AF0100.319 // 10:00am

Monday/Wednesday Afternoons

M/W // Aug 12–Dec 11 (No Class 9/2, 11/11)
\$170 // Therapy Pool // A Goughnour
Aqua Aerobics // AF0430.319 // 4:30pm
Aqua Aerobics // AF0530.319 // 5:30pm

Tuesday/Thursday Mornings

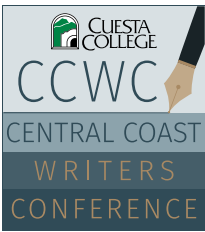
T/Th // Aug 13–Dec 12 (No Class 11/28)
\$175 // Therapy Pool
Aqua Fit // AF070T.319 // 7:00am
Aqua Aerobics // AF080T.319 // 8:00am
A Goughnour
Aqua Pilates Yoga // AF09TP.319 // 9:00am
P Holley

T/Th // Aug 13–Dec 12 (No Class 10/08, 11/28)

\$170 // Competition Pool // P Holley
Go Deep! // AF10DT.319 // 10:00am

Tuesday/Thursday Afternoons

T/Th // Aug 13–Dec 12
(No Class 9/26, 10/08, 10/17, 11/28)
\$160 // Competition Pool // A Goughnour
Deep Water Aqua Blast // AF33DT.319 // 3:30pm
T/Th // Aug 13–Dec 12
(No Class 9/26, 10/17, 11/28)
\$165 // Therapy Pool // A Goughnour
Aqua Aerobics // AF043T.319 // 4:30pm
Aqua Aerobics // AF053T.319 // 5:30pm



35th Annual Cuesta College Central Coast Writers Conference

September 26–28, 2019

Explore California’s Central Coast and stay for the “Best in the West” and nationally known, Central Coast

Writer’s Conference. Take Master Classes with authors who pen some of your favorite novels and hit TV shows. Create your next chapter and evolve the writer within you. Registration includes three keynotes, 80 workshops and panels, networking with agents, publishers and marketers, private critique session, and all conference lunches.

2019 Conference Schedule

Thursday, September 26

10:00am–4:00pm

Master Classes

11:00am–4:00pm

Hone Your Pitch **NEW IN 2019!**

4:15–6:00pm

Wine and Appetizer Reception

6:00pm

Evening Keynote

Friday September 27

9:00am–3:00pm

On-Site Registration

10:00–11:15am

Opening Keynote—Sam Horn

11:30am–1:00pm

Buffet Lunch & Networking

11:15am–1:00pm // Book Signing

1:00–2:00pm // Workshops

2:15–3:15pm // Workshops

3:30–4:30pm // Workshops

4:45–5:45pm // Panel Discussions

+ Yoga & Stretching

6:00–8:30pm // Teens Workshop

6:30–10:00pm // Networking

Party Special Ticket Event*

Saturday September 28,

8:00am–Noon

On-Site Registration

8:00–9:00am // Book Signing

9:00–10:00am // Workshops

10:15–11:15am // Workshops

11:30am–12:30pm // Workshops

12:30–2:00pm

Buffet Lunch & Networking

2:00–3:00pm // Workshops

3:15–4:15pm // Workshops

4:30–5:15pm // Q & A Sessions

5:30–6:45pm // Closing Keynote

—Mary LoVerde

* Includes heavy appetizers and drinks at Inn at Morro Bay

Cuesta College Central Coast Writers Conference

Master Classes



In these six-hour workshops, an exceptionally skilled instructor teaches a Master Class to talented students in specific areas of writing.

These Master Classes focus on one subject that will include the student writing during the lesson. The goal is to have a finished project by the end of the course. The fee is \$150 and includes lunch and a mentoring program that continues beyond the workshop. Classes are limited to 20 students, and the goal is for the group to become a core support system with one Master to encourage and elevate their writing. The group will dine together at lunch to continue the constant idea exchange without interruption.

The Master Class is an immersive in-classroom experience that offers access to a genius who will encourage the students to find and release their virtuosity and skills. We have hired our most honored and skilled instructors, and each seminar is designed to have a finished product at the end of the class and to foster a support group to guide you through the conference and beyond.

Date & Time

Thursday, September 26, 2019
10:00am–4:00pm

Location

Cuesta College
San Luis Obispo Campus

Fee

\$150 in advance
\$175 day-of

Classes include:

- Instruction
- Writing
- Editing
- Feedback
- Critique
- A push to a completed project

Master Classes Schedule

10:00am–4:00pm

Beginner I

Jonathan Maberry // The Publishing Process: From First Draft To Book Shelf

Beginner II

Catherine Ann Jones // The Way of Story

Memoir

Peter Dunne // Contemplative Memoir: Remembering Being. Being Remembered.

Novel Writing

Jordan Rosenfeld // How to Write a Page Turner: Writing Tension

Non Fiction

Mary LoVerde & Sam Horn // How to Earn a GOOD Living From Your Writing

Poetry

Laure-Anne Bosselaar // WAIT! LET ME REPHRASE THIS...

Young Adult and Children's

Mark Parsons & Wendelin Van Draanen // Crafting a Best Selling Young Adult Fiction Novel

Marketing

Deborah LeBlanc // E-Book Extravaganza

Writing for the Screen

Jeanne Veillette Bowerman // Navigating Hollywood from Outside of L.A.

11:00am–4:00pm

Doug Richardson & Chantelle Aimée Osman // Honing Your Pitch



Master Classes for 2019

Navigating Hollywood from Outside of L.A.—Jeanne Veillette Bowerman



When screenwriters ask an industry insider for advice, the most common response writers hear is, “Move to L.A.” But Jeanne Veillette Bowerman says, “Not so fast.” Jeanne has built a strong network for herself right from her country home in New York State while only making a handful of trips to L.A. a year. Before you pack those bags, learn the secrets to preparing for a successful trip to L.A. and how to continue building those relationships after you’re back home.

When you live far from L.A., networking is crucial. Learn the enigma surrounding networking—and find out how to create a strong community of support. Traveling to networking events like pitchfests requires both time and money. Learn how to get the best bang for your buck at a pitching event and turn a five-minute pitch meeting into a relationship that lasts years.

“WAIT! Let Me Rephrase This”—Laure-Anne Bosselaar



Many poets find it challenging to revise their work without the help of a workshop, group, or mentor. This interactive workshop will focus on how you can acquire the tools you need to revise poems on your own. We’ll work on strengthening those new skills which will—systematically and in depth—address all the elements of a poem: form, syntax, tone, metaphor, line-breaks, etc. You will leave this class with a brand new toolbox full of tricks and strategies to rework your poems and see them in a new light.

IMPORTANT! Each participant should bring 15 blank index cards (preferably 5x7), one poem of theirs that feels “stuck,” a notebook, and a solid sense of humor!

How to Write a Page Turner: Writing Tension—Jordan Rosenfeld



Tension in novels, stories, and even memoirs is like the connective tissue that allows muscles to attach to bones and thus flex their might. It’s the heart of conflict, the backbone of uncertainty, the hallmark of danger. It keeps readers guessing and characters on their toes. When it’s present, stories leave readers breathless and wanting more. When it’s missing, scenes feel inconsequential, plots drag, characters meander.

Just learning the basic building blocks of story craft is not enough to write a page-turner; you need to master the art of tension on every page and within every element of the story.

The Way of Story: The Craft and Soul of Writing—Catherine Ann Jones

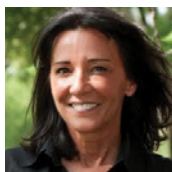


The Way of Story offers an integrative approach to writing narrative, combining solid craft with experiential inner discovery. Craft alone is not enough. No other writing workshop offers the solid craft to guarantee a good story along with the intangible inner dimensions of writing.

For writers of all levels & all narrative forms including plays, screenplays, stories, novels, and non-fiction including memoir.

www.wayofstory.com

The Secrets to eBook and Self-Publishing Success—Deborah LeBlanc



From covers to characters, marketing to money, agents to agent-less, learn the secrets to E-book publishing. Learn how to take control of your book's future and make it the success it deserves to be. There are thousands of writers out there, each shouting to be heard over the din. Learn how to stand out above the crowd and be heard. No agent? No Publisher? No problem! This workshop will teach you how to put yourself above the average "Joe" and find the success you've been dreaming of!

Contemplative Memoir: Remember Being. Being Remembered.—Peter Dunne



Writing stories from our life is a serious undertaking. It might be the most consequential writing we will ever do. But it is worth every hour, every word. What makes writing our stories important isn't simply the disclosure of all the wonderfully interesting things and amazingly stupid things we did, but that we can look back on that person, young me, young you, as we grew up, with real affection. Not with accolades or excuses, but with genuine admiration for the reality we faced and the fight we took on. That is what life is about—that

fight—because the fight developed our character. And this becomes especially meaningful when we fully understand how the power of contemplative memoir can change our lives.

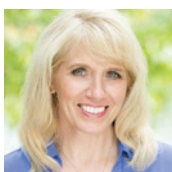
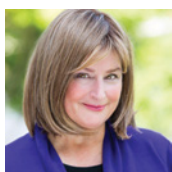
This is not autobiography. Autobiography is the chronicle of the storms we pushed through. Contemplative memoir is the study of the storms that pushed through us. The former is the battle with the world. The latter is the battle with our selves. While autobiography is informative, contemplative memoir is formative. Beneath its events lies each person's unique articulation on matters of character, trust, consequence, fairness, loss, and love.

The Publishing Process, From First Draft to Book Shelf—Jonathan Maberry



Jonathan is the author of over 25 novels and will share the truth and the tips that will take you from an aspiring author to a published one. His road map will be shared with honesty and humor. This class is perfect for anyone serious about learning everything you need to know to ensure your success as a published author.

How to Earn a GOOD Living From Your Writing—Sam Horn and Mary LoVerde



Not only is it possible to earn money from your book(s), but if you're smart and strategic, you can leverage them into a meaningful, financially-rewarding career. And yes, this can be done in integrity by fiction AND non-fiction authors. Find out from two people who have earned a good living from their books for 20 years how to get paid to do work you love that matters. Bring your notepads because Mary and Sam

will be sharing real-life examples and step-by-step instructions on how to diversify your business so your writing projects pay off.

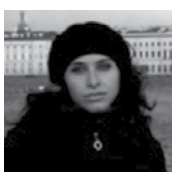
Crafting a Best Selling Young Adult Fiction Novel—Mark Parsons and Wendelin Van Draanen



This master class is for anyone who is serious about writing and publishing a Young Adult novel, from initial concept to writing to revising to polishing to agent/editor/publisher. There will be writing exercises to help you brainstorm ideas and develop them as we discuss plot, theme, character, description, dialogue, pacing, and the all-important question of "What is YA and what are today's editors looking for in the

Young Adult market?" Come with questions!!!

Honing Your Pitch—Doug Richardson and Chantelle Aimée Osman NEW IN 2019!



Everyone knows that pitching is one of the key facets to a writers conference. However, being that this is both a scary and (sometimes) challenging feat, we're offering a chance to hone your pitch before the craziness of the conference commences. Sit with a professional editor or script doctor and share your pitch for your project. This independent 20-minute private session will offer feedback and ideas to

get your writing project noticed by the right people.

Keynote Presentations



Evening Keynote Presentation

Creativity Under Pressure

4:15pm // Wine and Cheese Reception

6:00pm // Evening Keynote Program:

Introduction of Lillian Dean Award Recipient
Creativity Under Pressure Live Performance

When we long for writing without difficulties, this keynote is to remind us that oaks grow strong in contrary winds and diamonds are made under pressure.

Our keynote presentation for 2019 is Creativity Under Pressure. Following the reception in the CPAC atrium, we will feature six creators on stage discussing ways to overcome the foreboding barrier of getting pen to page when it's crunch time.

This event is included in your full conference registration price. Not enrolled in the conference, but want to see the Creativity Under Pressure keynote? Purchase individual tickets for \$30.

Date & Time

Thursday, September 26, 2019
4:15–9:00pm

Location

Harold J. Miossi Cultural and
Performing Arts Center 7300

Fee

Included in full conference
registration price
\$30 individual ticket

Panel

Monica Piper
Ricky Roxburgh
Ross Brown
Donald H. Hewitt
Linda Aronson
Phil Cousineau
Wendy Thies-Sell—Emcee

Opening Keynote Presentation

“SOMEDAY is NOT a Day in the Week” with Sam Horn

Are you waiting to write until you have more time, clarity, support, motivation?

What if that never happens?

In this inspiring keynote, Sam Horn shares success stories of people who FINISHED their books and got them out in the world—even when they were busy, raising kids, working full-time, and running on empty.

Be prepared to walk out with the determination to make THIS the year you get your ideas, stories, lessons-learned out of your head and into print so they can add value for all involved.



About Sam

Sam Horn, Intrigue Expert and TEDx speaker, helps people create quality, one-of-a-kind projects that scale their impact for good. Her work, including *POP!, Tongue Fu!* and the *Washington Post* bestseller *Got Your Attention?!*—has been featured on NPR and MSNBC and in *New York Times*, *Forbes*, *Fast Company*, *Readers Digest*, *INC*.

As Former Executive Director of the Maui Writers Conference, she’s helped thousands of people get their books out of their head and into the world where they’ve made a positive difference for others and a prosperous living for them. A few of her clients include Terry Jones (founder of Travelocity), Betsy Myers (COO of Obama’s 2008 Presidential Campaign) and Charlie Pellerin (Project Manager for the Hubble Telescope). Her speaking clients include Boeing, Intel, Cisco, National Geographic, Accenture, the U.S. Navy, Capital One, NASA, Asian Leadership Conference in South Korea, and the U.S. Embassy in London. She was one of the top-ranked speakers (along with Tom Peters, Tim Ferris, Jim Collins) at the INC 500/5000 conference.

Sam has been the Pitch Coach for the British Airways Face2Face competition and for Springboard Enterprises, which has helped entrepreneurs receive \$6.6 billion (yes, that’s a b) in funding.

Date & Time

Friday, September 27, 2019
10:00–11:15am

Location

Cuesta College Associated Student Center—5401

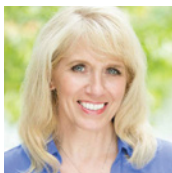
Fee

Included in full conference registration price
\$30 individual ticket

Closing Keynote Presentation

“I Used to Have a Handle on Life, but it Broke” with Mary LoVerde

You’ve organized, prioritized, delegated, and simplified. You’ve made friends and linked in. You’re a veteran of the time-management wars, fighting for the life balance ideal—and you are losing. In this humorous and fast-paced presentation, you’ll be reminded that there is more to life than writing, and you’ll go home with a suitcase full of ideas for staying connected to what matters most.



About Mary:

Mary LoVerde is a professional speaker and has been an author for over 25 years. She has published four books in three languages (Simon and Schuster): *Stop Screaming at the Microwave: How to Connect Your Disconnected Life*; *Touching Tomorrow*; *I Used to Have a Handle on Life But It Broke*; and *The Invitation: When You Are Ready to Take Your Next Step*.

Her diverse client list includes Apple, LinkedIn, NASA, the Mayo Clinic, and the American Trucking Association. Her blog is read in 35 countries. Her original work is published in the three journals: *The Wall Street Journal*, the *New England Journal of Medicine*, and the *Ladies Home Journal*. She has appeared on a 20/20 special on women and stress, on ABC World News Tonight, and four times on the Oprah Winfrey show. *Speaker Magazine* named her as one of the Top 25 Most Influential Speakers who are shaping the industry and the National Speakers Association inducted her into the Speakers Hall of Fame. She served on the faculty of the University of Colorado School of Medicine for 15 years as the Director of Hypertension Research Center.

In 2010 Mary accepted an unexpected invitation to sell her one-of-a-kind dream home in Denver, give away nearly all her belongings, and embark on a make-it-up-as-you-go global adventure, living around the world without a house for three years.

Date & Time

Saturday, September 28, 2019
5:30–6:15pm

Location

Cuesta College Associated Student Center—5401

Fee

Included in full conference registration price

Cuesta College Central Coast Writers Conference
Phillips 66 Teens Program



Teen writers enjoy all conference activities!

On Friday, September 27, we welcome Ricky Roxburgh for an exclusive teen session. On Saturday, September 28, teens can attend any of the 45 workshops.

Exclusive Teen Session: How to Write a Ten-Minute Film —Ricky Roxburgh

Friday, September 27 // 6:00–8:30pm

Ricky will be leading students on a crash course in screenwriting for the large and small screen. He will discuss the basics of building a story, developing characters, constructing a plot that works — and then he will walk students through his personal approach to writing scripts. By the time they leave, students will know everything they need to know to outline a ten-minute movie based on a story they've developed during the workshop. And it doesn't end there! Finished scripts will be turned in for judging and one student's short film will be chosen to be made and shown at the SLO Film Festival.

Workshops (see page 16 for details)

Saturday, September 28 // 9:00am–5:00pm

Teens and their mentors will gather at lunch to answer questions and make sure everyone is getting what they need from the program.

Fee

\$160 or apply for a Phillips 66 Scholarship by September 20, 2019



2018 teen program winner Sophia Martino adapting her film, *A Door Closed*

CENTRAL COAST WRITERS CONFERENCE



Cuesta College Central Coast Writers Conference Workshop Schedule

Friday, September 27 Workshops

1:00–2:00pm	2:15–3:15pm	3:30–4:30pm	4:45–5:45pm (Panel)
Beginner			
Deborah Leblanc From T to E: How To Write a Novel In 30 Days	Kathryn Blanche The Author's Journey	Chantelle Aimée Osman Crafting a Short Story	Why You Should Join a Writing Group: D Leblanc, K Blanche, C A Jones
Memoir			
Phil Cousineau Stoking the Creative Fires	Peter Dunne The Writer as Warrior	Catherine Ann Jones The Art of Pitching & Story Structure	Put Your Heart On The Page P Dunne, Z Quinton, P Cousineau, E Edwards
Novel Writing			
Nadine Nettmann How To Plot Your Novel Using the Three Act Structure	Jacque Ben-Zekry The Big Idea (Limited to 10 students)	Jordan Rosenfeld Scene Stealer: How to Plot Your Novel Scene-By-Scene	Writing a Novel With Memorable Characters N Nettmann, J Rosenfeld, J Ben-Zekry, M Parsons
Non Fiction			
Heather Hummel Gallagher Taking the Mystique Out of Ghostwriting	Katya Cengel Journalism: Reporting, Writing, and Publishing the News	Bryan Young Freelancing	How To Make a Living In Non Fiction K Cengel, H Hummel Gallagher, S Roahan
Poetry			
Laure-Anne Bosselaar Tone "I, YOU, HIM, WE, HER AND WHO?"	Leslie St. John "Tell Me About a Time When...": Narrative Poetry & Resilience	Lisa Coffman Poem As GPS	How and Where to Publish Your Poems L Bosselaar, L Coffman, J Konstantinidis
Young Adult and Children's			
Henry Herz Writing Inspirational Picture Books	Danny Manus Writing for the Young Adult or Teen Audience	Ross Brown Does This Smell Funny to You?	Humor Sells! H Herz, R Brown, S Auten, W Van Draanen
Marketing			
Zoe Quinton The Write Stuff: How to Switch from Author to Editor & Make Your Manuscript Shine	Tori Eldridge Dynamic Readings: How To Perform Your Own Work	Peter Beren Book Marketing for Authors	New Tricks for Spreading the Word J Pinter, N Obando-Desai, M LoVerde, B Young
Writing for the Screen			
Monica Pipe Find The Funny	Donald H. Hewitt Backstory: The Key To an Oscar-Winning Character	Jonathan Maberry How To Sell Your Novel to Screen	Writing the Perfect Script D Manus, D Richardson, J Veillette Bowerman, D Hewitt
Publishing and Agents			
Jason Pinter Everything You Need To Know About How the Publishing Process Works	Natalie Obando-Desai Traditional Publishing, Indie Publishing, Self- Publishing: Which Makes the Most Sense For You?	Zoe Quinton Publishing 101: What You Need to Know About the Crazy World of Books	How To Find an Agent that Works for You C A Osman, J Maberry, P Beren, B Knight
Yoga and Stretching			
4:45–5:45pm only			
Tori Eldridge Health and Fitness for Writers	Peter Sterios Yoga	Leslie St. John Stretching	

Cuesta College Central Coast Writers Conference Workshop Schedule

Saturday, September 28 Workshops

9:00–10:00am	10:15–11:15am	11:30am–12:30pm	2:00–3:00pm	3:15–4:15pm	4:35–5:15pm (Q&A)
Beginner					
Deborah Leblanc In 25 Words or Less	Andrea Chmelik & Dayna Bennett Davis Never Give Up. Perseverance for the New Writer	Donald H. Hewitt Relationships	Catherine Ann Jones Heal Your Self With Writing	Jeanne Veillette Bowerman Writing Your First Script	How to Start Writing Now! K Blanche, N Nettman, B Young, C Osman
Memoir					
Ross Brown Grow as a Writer by Writing Outside Your Normal Genre	Eldonna Edwards The Hook: Make a Promise to Your Readers (and Keep It!)	Karen Richardson How To Create Compelling Characters from Real Life People	Nadine Nettmann Show vs Tell	Karen Richardson The Challenges with Historical Fiction	It's Your Unique Story. Be Authentic! R Roxburgh, R Brown, D Auten, D Hewitt
Novel Writing					
Tori Eldridge Believable Dialogue: An Actor's Approach to Embodying Characters	Jason Pinter It's a Mystery	Jordan Rosenfeld Transforming Fact Into Fiction: Writing a Novel From Real Events	Bryan Young Fast Fiction	Jacque Ben-Zekry Up Stream Marketing for Novelists	Cover Art and Its Importance T Eldridge, J Ben-Zekry, H Gallagher
Non Fiction					
Katya Cengel Nonfiction: The Art of Crafting True Stories	Sara Roahen Making Recipes and Cookbooks Matter in a Blog-Eat-World	Diane Auten Beginning Your Author Journey	Sam Horn How to Critique Our Own Work	Sara Roahen Beyond the Yelp Review: How to Strengthen Any Writing with Food	Travel Writing K Cengel & S Roahen
Poetry					
Leslie St. John Unshackle Creativity: Yoga and Writing to Move through Writer's Block	Lisa Coffman Disruptor Poem	Janice Konstantinidis The Licks and the Tricks of Limericks	Laure-Anne Bosselaar You Readin' To Me?	Leslie St. John The Ekphrastic Poem	Partnering with Artists L St. John, L Coffman, J Konstantinidis
Young Adult and Children's					
Henry Herz Writing Life Productivity Tips & Tools	Diane Auten How To Sell Books On Twitter	Mark Parsons Tips From the Trenches	Wendelin Van Draanen Keeping Hope in the Mail	Ricky Roxburgh Creating Rememberable Characters	What Kids Want to Read H Herz, M Parsons, W Van Draanen
Marketing					
Brenda Knight 10 Commandments of Book Marketing	Chantelle Aimée Osman Perfecting Your Pitch and Query Letter	Eldonna Edwards Marketing for Introverts	Natalie Obando-Desai How to Pitch Your Book Like a Pro	Mary LoVerde Five Proven Ways to Get That Manuscript Out of the Computer and Into the World	The State of Publishing Today: Three-Track Publishing P Beren, N Obando-Desai, K Richardson, J Maberry
Writing for the Screen					
Danny Manus Crafting Stronger Scenes & Set Pieces	Linda Aronson New Structures for New Audiences: Nonlinear, Flashback, and Multiple Protagonist Storytelling Parts I & II	Doug Richardson Intuitive Story Structure	Peter Dunne Where Screenplays Die: Leaping Into Act Two and Coming Out Alive	Why Movies Matter, Why You Should Write One D Manus, L Aronson, D Richardson, J Veillette Bowerman	
Publishing and Agents					
Heather Hummel Gallagher Make Your Query Letter Stand Out	Brenda Knight How Publishers Think and How Best to Pitch Them	Kathryn Blanche Patreon for Authors	Peter Beren Why Do I Need an Agent and How Do I Get One?	Brenda Knight How to Sell Your Book to a Publisher and Who You're Really Selling	Agent Tips B Knight, J Pinter, E Edwards

Registration Information *for 35th Central Coast Writers Conference*



Questions or comments?

Call: (805) 546-3132

Fax: (805) 546-3107

Email: centralcoastwritersconference@gmail.com

Mail this form to:

Community Programs

PO Box 8106

San Luis Obispo, Ca 93403-8106

Participant Information

Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Phone (preferred): _____ (alternative): _____

Preferred Genre: _____ Twitter: _____

Conference Registration Fees & More

\$300 Full Conference Registration

\$160 Teen Program

\$30 Thursday PM Keynote (ONLY)

\$20 Friday AM Keynote (ONLY)

Add-Ons:

\$50 Friday Night Networking Party

\$10 Additional PCS (choose at conference)

\$150 Thursday Master Class

Presenter: _____

Total _____

Workshop Selections

Friday, September 27, 2019:

1:00pm: _____

2:15pm: _____

3:30pm: _____

4:45pm Panel: _____

Saturday, September 28, 2019:

9:00am: _____

10:15am: _____

11:30am: _____

2:00pm: _____

3:15pm: _____

4:30pm Q & A: _____

Payment Information

Check/Money Order # _____

Visa/MC/Discover/Amex # _____

Expiration Date _____ Security Code _____

Name as it appears on card _____

Registration Information *for Community Programs Classes and Activities*

Name of Payee: _____ DOB: _____

Address: _____

City: _____ State: _____ Zip: _____

Day Phone: _____ Evening Phone: _____

Fax: _____ E-mail: _____

Emergency Contact: _____ Emergency Phone: _____

Payment Information

Check/Money Order #: _____

Visa/MC/Discover/Amex #: _____

Expiration Date: _____ Security Code: _____

Name as it appears on card: _____

COURSE / EVENT NAME	COURSE / EVENT #	DAY, DATE, TIME	FEE

Participant Name: _____ Male Female Birth Date (Required): _____

FALL PARKING PERMIT—\$35.00. Complete the following:

Driver Name: _____ Drivers License #: _____

Vehicle: Year _____ Make _____ Model _____ Color _____ Plate # _____

<p>** Not required for Daily Parking Passes</p>	<p>Total Fees \$</p>
--	--------------------------

FOR OFFICE USE ONLY: Date _____ Registrar _____ Parking Permit # _____

Pass # _____

ACKNOWLEDGMENT & ASSUMPTION OF POTENTIAL RISK

I understand and acknowledge: (a) that these activities, by their very nature, pose the potential risk of serious injury/illness to individuals who participate, (b) that in order to participate in these activities, I agree to assume liability and responsibility for any and all potential risks which may be associated with participation in such activities, (c) that the college, its employees, officers, agents, or volunteers shall not be liable for any injury/illness suffered by me which is incident to and/or associated with preparing for and/or participating in the activity(ies), (d) that I am responsible for my own transportation to and from the activity(ies) and the college assumes no liability for loss or injury resulting from my transportation and (e) that photos and/or videos of me and/or my child's participation in these activities may be taken for the sole purpose of assisting in the instruction and/or for the promotion of future programs. I have no known medical condition which may pose a risk to the health and safety of me or others by participating in the registered activity(ies).

Participant's Signature: _____ Date: _____

Parent/Guardian's Signature: _____ Date: _____
(if under age 18)

Community Programs General Information

Enrollment

Registration is accepted on a first-come, first-served basis. Online, mail-in and fax registration begin as soon as you receive this brochure. Students 16 years and older may enroll in adult education/recreation classes. Pre-registration is recommended as all classes/activities and events have enrollment requirements.

Registration

Registering online: detailed instructions are provided under ActiveNet Instructions and via our website. Our staff is always available to help you. Maps and information specific to your class are also available online. If you register by mail or fax, a receipt will be emailed/mailed to you. Please allow one week for delivery. Please remember that with mail or fax registration requests online has 1st come 1st processed advantage. We suggest early, online registration to guarantee your spot in a desired class or classes.

Cancelled classes

Advance registration is recommended to avoid canceled classes; however, if a class/activity/ event enrollment minimums are not met, the class may be canceled. Registered students will be notified in advance and have the fees transferred to another class at no charge or choose to receive a full refund.

Refund/transfers

Please take care in selecting classes to avoid refund and transfer fees. If you cannot attend a class for which you are registered, a written request must be received in the Community Programs office 7 days before the activity begins. The refund, minus a \$10 processing fee per class, will be issued within 3-4 weeks. A transfer from one class/event to another is available for a \$5 transfer fee. Refunds are not available for Public Events or online classes.

Senior Discounts

Adult 62 years and older receive a 10% discount on classes/activity automatically if a birth date is provided. Some classes/activities/events by design are not applicable for this discount (payment plans, special pricing, online courses, Public Events) and discounts cannot be combined.

Parking

Cuesta College Parking permits are required for vehicles parked on the North County and San Luis Obispo campuses—Monday–Saturday, 5am–10pm, whenever the District is in session. \$3 daily permits are available from the Community Programs Office for all Community Programs patrons. Daily parking permit machines are also available in all paved lots.

As a registered Community patron, you may purchase a Fall semester permit for \$35 from the Community Programs Office via online, mail, FAX, phone or walk-in. The Fall semester permit is valid from Aug 12–Dec 22. Semester permits are available by pick up only in the 4700 Building. Parking permits will not be mailed.

Online Registration

Find your class on www.cuesta.edu/communityprograms.



Community Programs Office Information

San Luis Obispo Campus
Highway 1, Building 4700
San Luis Obispo, CA 93403-8106

Office Hours

Monday–Thursday 8am to 5pm
Closed for Lunch Noon–1pm
Closed Fridays
Phone (805) 546-3132
Fax (805) 546-3107

Superintendent/President

Jill Stearns, Ph.D.

Community Programs Staff

Gaby Rangel—Program Assistant
Lea Geronimo—Program Assistant
Logan Sanders—Aquatics Lead
Wes Martin—Program Coordinator
Nanette Piña-Stevens—Division Assistant
Matthew Green—Director

The Community Programs brochure is a publication of Cuesta College Community Programs and Marketing and Communications departments. Printed by Casey Printing.

Location for the Office of Community Programs

For your registration services we are located in the 4700 building (corner of Cuesta College Rd. & Chorro Valley Rd.), next to the Cuesta College Children's Center.

Campus Locations

San Luis Obispo Campus (SLO)

Highway 1
San Luis Obispo, CA 93403-8106

North County Campus (NCC)

2800 Buena Vista Drive
Paso Robles, CA 93446

South County Center (SCC)

Arroyo Grande High School
495 Valley Road, 900 Wing, RM 913
Arroyo Grande, CA 93420

San Luis Obispo County Community College District Board of Trustees

Board President—Pete Sysak
Board Vice President—Dr. Barbara George
Trustee—Angela Mitchell
Trustee—Patrick Mullen
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